

# Middle and High School Menu

All Meals include Milk

Date: Dec 4<sup>th</sup> – Jan 5<sup>th</sup>

Monday 4 <sup>th</sup>	Tuesday 5 <sup>th</sup>	Wednesday 6 <sup>th</sup>	Thursday 7 <sup>th</sup>	Friday 8 <sup>th</sup>
<p><b><u>Breakfast</u></b> Breakfast Pizza Pineapple &amp; Fruit Juice</p> <p><b><u>Lunch</u></b> Cheeseburger or Bosco Sticks</p> <p>Tater Tots, Baked Beans, Applesauce &amp; Pineapple</p>	<p><b><u>Breakfast</u></b> Muffins w/ Cheese Stick Dried Fruit &amp; Fruit Cup</p> <p><b><u>Lunch</u></b> Chicken Sandwich or Hot Ham and Cheese Sub</p> <p>Corn, Fresh Broccoli, Mandarin Oranges &amp; Banana</p>	<p><b><u>Breakfast</u></b> Sausage Egg and Cheese English Muffin Orange &amp; Fruit Juice</p> <p><b><u>Lunch</u></b> Chicken Leg w/ Corn Muffin or Bosco Sticks</p> <p>Sweet Potatoes, Green Beans, Peaches &amp; Orange</p>	<p><b><u>Breakfast</u></b> Cinnamon Rolls w/ Cheese Stick Dried Fruit &amp; Fruit Cup</p> <p><b><u>Lunch</u></b> Salisbury Steak w/ Roll or Chicken Sandwich</p> <p>Mashed Potatoes w/ Gravy, Peas, Apple &amp; Pears</p>	<p><b><u>Breakfast</u></b> Donut Mixed Fruit &amp; Fruit Juice</p> <p><b><u>Lunch</u></b> Pizza</p> <p>Romaine Salad, Fresh Veggies &amp; Mixed Fruit</p>
Monday 11 <sup>th</sup>	Tuesday 12 <sup>th</sup>	Wednesday 13 <sup>th</sup>	Thursday 14 <sup>th</sup>	Friday 15 <sup>th</sup>
<p><b><u>Breakfast</u></b> French Toast w/ Sausage Patty Applesauce &amp; Fruit Juice</p> <p><b><u>Lunch</u></b> Grilled Cheese or Bosco Sticks</p> <p>Tomato Soup, Steamed Broccoli, Carrots, Applesauce &amp; Peaches</p>	<p><b><u>Breakfast</u></b> Breakfast Burrito Dried Fruit &amp; Fruit Cup</p> <p><b><u>Lunch</u></b> Taco Mac and Cheese or Chicken Sandwich</p> <p>Baked Beans, Fresh Broccoli, Mandarin Oranges &amp; Banana</p>	<p><b><u>Breakfast</u></b> Chicken Biscuit Apple &amp; Fruit Juice</p> <p><b><u>Lunch</u></b> Chicken Tenders w/ Breadstick or BBQ Pulled Pork Wrap</p> <p>Fries, Peas, Pineapple &amp; Apple</p>	<p><b><u>Breakfast</u></b> Banana Bread w/ Cheese Stick Dried Fruit &amp; Fruit Juice</p> <p><b><u>Lunch</u></b> Turkey Dinner w/ Roll</p> <p>Mashed Potatoes w/ Gravy, Sweet Potato Casserole, Green Beans, Pears &amp; Apple Crisp</p>	<p><b><u>Breakfast</u></b> Donut Mixed Fruit &amp; Fruit Juice</p> <p><b><u>Lunch</u></b> Pizza</p> <p>Romaine Salad, Fresh Veggies &amp; Mixed Fruit</p>
Monday 18 <sup>th</sup>	Tuesday 19 <sup>th</sup>	Wednesday 20 <sup>th</sup>	Thursday 21 <sup>st</sup>	Friday 22 <sup>nd</sup>
<p><b><u>Breakfast</u></b> Breakfast Pizza Pineapple &amp; Fruit Juice</p> <p><b><u>Lunch</u></b> Chicken Wings w/ Breadstick or Bosco Sticks</p> <p>Sweet Potato, Cheesy Broccoli, Pineapple &amp; Applesauce</p>	<p><b><u>Breakfast</u></b> Muffins w/ Cheese Stick Dried Fruit &amp; Fruit Cup</p> <p><b><u>Lunch</u></b> Beef Nachos or Chicken Sandwich</p> <p>Corn, Refried Beans, Mandarin Oranges &amp; Banana</p>	<p><b><u>Breakfast</u></b> Sausage Egg and Cheese English Muffin Orange &amp; Fruit Juice</p> <p><b><u>Lunch</u></b> Pizza</p> <p>Fresh Veggies, Salad, Peaches &amp; Orange</p>	 <p>Happy Holidays and Winter Break</p>	
Monday 25 <sup>th</sup>	Tuesday 26 <sup>th</sup>	Wednesday 27 <sup>th</sup>	Thursday 28 <sup>th</sup>	Friday 29 <sup>th</sup>

**No School!! Enjoy your Christmas Break!!**

Monday 1 <sup>st</sup>	Tuesday 2 <sup>nd</sup>	Wednesday 3 <sup>rd</sup>	Thursday 4 <sup>th</sup>	Friday 5 <sup>th</sup>
 <p>Holiday Break</p>			<p><b><u>Breakfast</u></b> Chicken Biscuit Dried Fruit &amp; Fruit Cup</p> <p><b><u>Lunch</u></b> Orange Chicken w/ Rice or BBQ Pulled Pork Wrap</p> <p>Steamed Broccoli, Carrots, Mandarin Oranges &amp; Pears</p>	<p><b><u>Breakfast</u></b> Donut Mixed Fruit &amp; Fruit Juice</p> <p><b><u>Lunch</u></b> Pizza</p> <p>Romaine Salad, Fresh Veggies &amp; Mixed Fruit</p>

Menu is Subject to Change. This institution is an equal opportunity provider.